



Join us at Ivy House

Award Winning Dementia Care Specialists

FREE

Saturday Dementia Support Group

Held on the first Saturday of the month at the Ivy House we host two groups

The first group is targeted at people who care or live with someone with dementia or memory loss. You are welcome to bring your loved one to this support group – they will have a chance to be in ‘session’ and get involved with the Ivy activities, while we offer you the support and network that you need.

The second group is targeted at people who have lost someone to dementia (which includes those whose loved ones are now in residential accommodation).

Both groups are a crucial opportunity to share and listen to others – to widen your support group and to learn from one another.

For more information please contact us on **support@ivyhouse-dementicare.com** or phone us on **01323 431 801**
www.ivyhouse-dementicare.com

Ivy House, 19 Hartfield Road, Eastbourne BN21 2AR



Dates for 2019

11am-12.30pm

Saturday 5 January

Saturday 2 February

Saturday 2 March

Saturday 6 April

Saturday 4 May

Saturday 1 June

Saturday 6 July

Saturday 3 August

Saturday 7 September

Saturday 5 October

Saturday 2 November

Saturday 7 December